

MEDIUM

TRAILRUNNING



TOUR DESCRIPTION

The Wildental Trail circuit starts with an uphill climb on a wide, roughly gravelled alpine path. Pass the Wieselpen farmsteads until you reach the fork in the path just before the Fluchtalpe. From there, keep right on the trail, past a waterfall, towards the Mindelheimer Hut. Here, the climb becomes more technical and the trail leads over some steeper rocky ledges with rope safety measures. After a good 400 m, you reach the Hintere Wildenalpe, where the terrain flattens out again. From the Wildenalpe, keep left directly below the Ochsenköpfe and enjoy beautiful panoramic views on a flowing trail to the next junction towards the Fiderepasshütte. This is followed by the downhill section, first over a stony mountain trail, then over a root-covered section in the forest, and finally on a single trail over switchbacks in the cattle pasture. From the Fluchtalpe, take the familiar alpine path back to the starting point of the tour.

ROUTE DESCRIPTION

The first 2 kilometers it goes past the Bergheimmoser and the two Wieselpen still quite comfortable to the Fluchtalpe. Before the Fluchtalpe, take the path on the right upwards in the direction of Mindelheimer Hütte. The next two kilometers it goes past the waterfall to Wildenalp. Almost 400 meters of altitude can be mastered in this climb. Arrived at the Wildenalp follow the nice, relatively flat trail to the left and at the turnoff to the Fiderepasshütte back down to the Fluchtalpe and back to the Ausgang. Wer want to extend the round can go up to the Fiderepasshütte (this depending on performance again 30 - 45 minutes to plan to the top).

RECOMMENDED EQUIPMENT

EMERGENCY NUMBERS 140 Alpine Emergencies Austria wide

144 Alpine Emergencies Vorarlberg

112 Euro-Emergencies (works with every mobile network)

www.vorarlberg.travel/sicherheitstipps

The hiking trails in the Wildental are very popular. For the sake of the hikers no cyclists go to the Wildental. Thank you for your understanding. Güterweggenossenschaft Mittelberg - Wildental.

Weather-appropriate trail running gear, including food and drink.

FURTHER INFO & LINKS

Tips

The climb to the Fiderepasshütte a wonderful option for extending your hike.

Further links

How do you consciously experience nature?

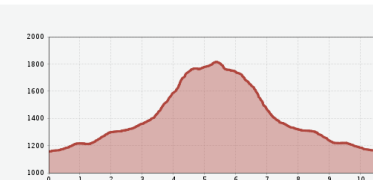
Nature is so much more than the backdrop for unforgettable mountain experiences. It is a habitat for animals and plants. It provides drinking water and supplies us with high quality food. Not only does it provide valuable raw materials such as wood, it also protects against

↔ Distance
10.47 KM

⌚ Duration
1:45 H

⚡ Altitude meters
679 M

⚡ Highest point
1834 M



Condition



Best season

JAN FEB MAR APR MAI **JUN**
JUL **AUG** **SEP** **OCT** NOV DEC

Sart: Mittelberg

Goal: Mittelberg

avalanches and mudslides and regulates the climate. It is up to us to support nature in everything that it does for us. One thing is certain, together we can achieve more:

Smart in NATURE

CONSCIOUS together

EXPERIENCE foresight

Smart in NATURE

Take a deep breath and recharge your batteries, be outside and feel free. When we enjoy nature, we are guests in the living room of shy animals and rare plants. If you behave smart, they will be happy to share their living space with you in the future too.

Stay on paths and marked routes

If you follow the marked paths and routes, you are sure to come to new favorite places. In this way you also respect protected areas, because many animals and plants need special protection. Especially in winter, any disturbance unnecessarily costs the wild animals the strength they need to survive.

Avoiding twilight times

Standing on a mountain at sunrise is a special experience. The morning and evening hours are also the time when most wild animals are in search of food. If they are disturbed, they get stressed. If it cannot be avoided, please stay on the marked path, do not use a bright headlamp and enjoy the silence.

Stay clean & take rubbish with you

It goes without saying: You take rubbish with you again, on the mountain and in the valley. Please also organic waste, because it is composted much more slowly at altitude. You can dispose of the rubbish properly at home or in your accommodation - please remember that there are no rubbish bins in public spaces in Kleinwalsertal.

On the natural toilet

If you are looking for a quiet place, please be at least 50 m away from water. Bury excrement or cover it with a large stone. Use fallen leaves or recycled toilet paper and put the paper back in the trash bag.

On tour with a dog

Are you always in control of your four-legged partner, even if he gets his nose for marmots, deer or other wild animals? You are both on the safe side on a leash. Keep dogs on a short leash near grazing cattle. If an attack by a grazing animal is foreseeable: leash off immediately. There are numerous dog stations in the valley for the disposal of dog bags. The farmers and alpine farmers thank you because manure in meadows and fields contaminates the feed and makes grazing cattle sick.

CONSCIOUS to each other

Consideration for other athletes and those looking for relaxation

Everyone loves to enjoy a special piece of earth for themselves. But most of the time we are not traveling alone. No problem, because there is enough space. Allow time, open the way in an accommodating manner, provide support when someone needs help and always give a smile. So nothing stands in the way of friendly cooperation and relaxed enjoyment of nature.

Appreciating the preservation of the cultural landscape

Alpine landscapes are touching with their contrast: Imposing peaks and natural forests alternate with gentle valleys, well-tended meadows and pastures. In the Kleinwalsertal too, this delightful landscape at three altitudes is no coincidence, but the result of an interplay of natural and cultural landscapes. Behind this is the work of farmers, alpine and forestry as well as hunters. With their work, they ensure that the attractiveness of the recreation and leisure area and the diversity of species are preserved. We already say thank you if we stay on the marked trails and enjoy regional products.

EXPERIENCE farsighted


Safe on tour - for you and others

Whether on a ski or snowshoe tour in winter or on a mountain tour in summer, anyone who is out and about in alpine terrain has to be well prepared. This includes careful information and tour planning as well as the right equipment. Correctly assessing alpine dangers requires a lot of knowledge and experience. Why not learn from professionals and go on tour with one of the experienced guides?

Nature experience map, M 1:12.000 € 3,00; Kleinwalsertal tour map (with hiking guide), M 1:25.000 € 9,90, DAV hiking map, M 1:25.000 € 9,80; Available at the Walserhaus in Hirschegg

Morning

6 °C
MOUNTAIN
13 °C
VALLEY

Noon

5 °C
MOUNTAIN
15 °C
VALLEY

Evening

5 °C
MOUNTAIN
13 °C
VALLEY