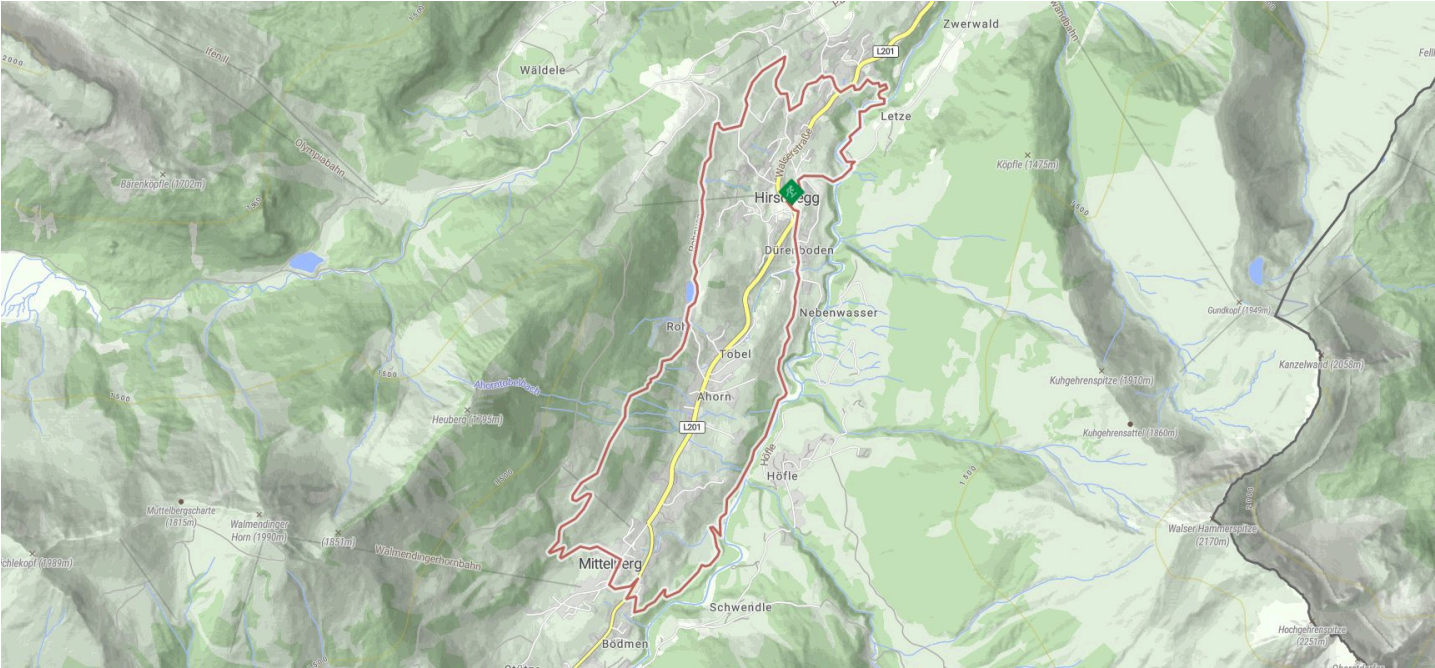


BEGINNER TRAIL HIRSCHEGG - MITTELBERG

MEDIUM TRAILRUNNING



TOUR DESCRIPTION

Scenic Trail Running Loop from Hirschegg via Letze, Mittelberg & Bödmen

This varied trail running loop with several moderate ascents and descents starts in Hirschegg, heading downhill to join the Breitach Trail. The cool, shaded path runs on fine gravel with barely any elevation gain until reaching the Letze district of Hirschegg.

At the mineral spring, the route turns left and climbs gently toward the Walserstraße. Near the Hubertus lift, a short but steeper uphill section on asphalt leads toward the Rohrweg. Passing by Rohrsee, the trail continues onto a singletrack path weaving between forest and open meadow sections.

At elevation, runners are rewarded with panoramic views into the Wilden Valley and Gemstel Valley, framed by the alpine peaks of the surrounding mountains. The Mittelberg High Trail then merges onto a narrow paved road, which descends more steeply into the village of Mittelberg.

From there, the route continues past the music pavilion, through Bödmen, and returns via the Breitach Trail and Dürenboden to the starting point in Hirschegg.

ROUTE DESCRIPTION

From the village square Hirschegg you walk along the Mühlenweg, past the Leidtobel Kabelle Maria-Hilf down to the Breitach and then towards the Letze district. Through the forest it goes again a somewhat steeper piece up to the Verwohn- & Wellnesshotel Walserhof and past the Travel Charme Ifen Hotel. Via the Oberseitestraße and a small path you reach the Rohrweg, which leads you to Mittelberg. One last piece of steep uphill and you will reach the Sonna Alp, where you can enjoy the sunset with a view of the wildental. The way back is via the same route.

RECOMMENDED EQUIPMENT

EMERGENCY:

- 140 Alpine Emergencies Austria wide
- 144 Alpine Emergencies Vorarlberg
- 112 Euro-Emergencies (works with every mobile network)

www.vorarlberg.travel/sicherheitstipps

Weather-appropriate trail running gear

FURTHER INFO & LINKS

Tips

This trail running route is ideal for a late afternoon workout on hot summer days, as most of the route is already in the shade by then.

Further links

↔ Distance

10.4 KM

🕒 Duration

1:55 H

⚡ Altitude meters

357 M

⚡ Highest point

1366 M

Condition

Best season

JAN

FEB

MAR

APR

MAI

JUN

JUL

AUG

SEP

OCT




NOV

DEC

Sart: Hirschegg

Goal: Mittelberg

Nature experience map, scale 1:12,000; Kleinwalsertal tour map (with hiking guide), scale 1:25,000; DAV hiking map, scale 1:25,000; the respective cards are available for a fee in the Walserhaus Hirschegg.

<div>Morning</div> <div></div> <div><div>6 °C</div><div>MOUNTAIN</div><div>13 °C</div><div>VALLEY</div></div>	<div>Noon</div> <div></div> <div><div>5 °C</div><div>MOUNTAIN</div><div>15 °C</div><div>VALLEY</div></div>	<div>Evening</div> <div></div> <div><div>5 °C</div><div>MOUNTAIN</div><div>13 °C</div><div>VALLEY</div></div>
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