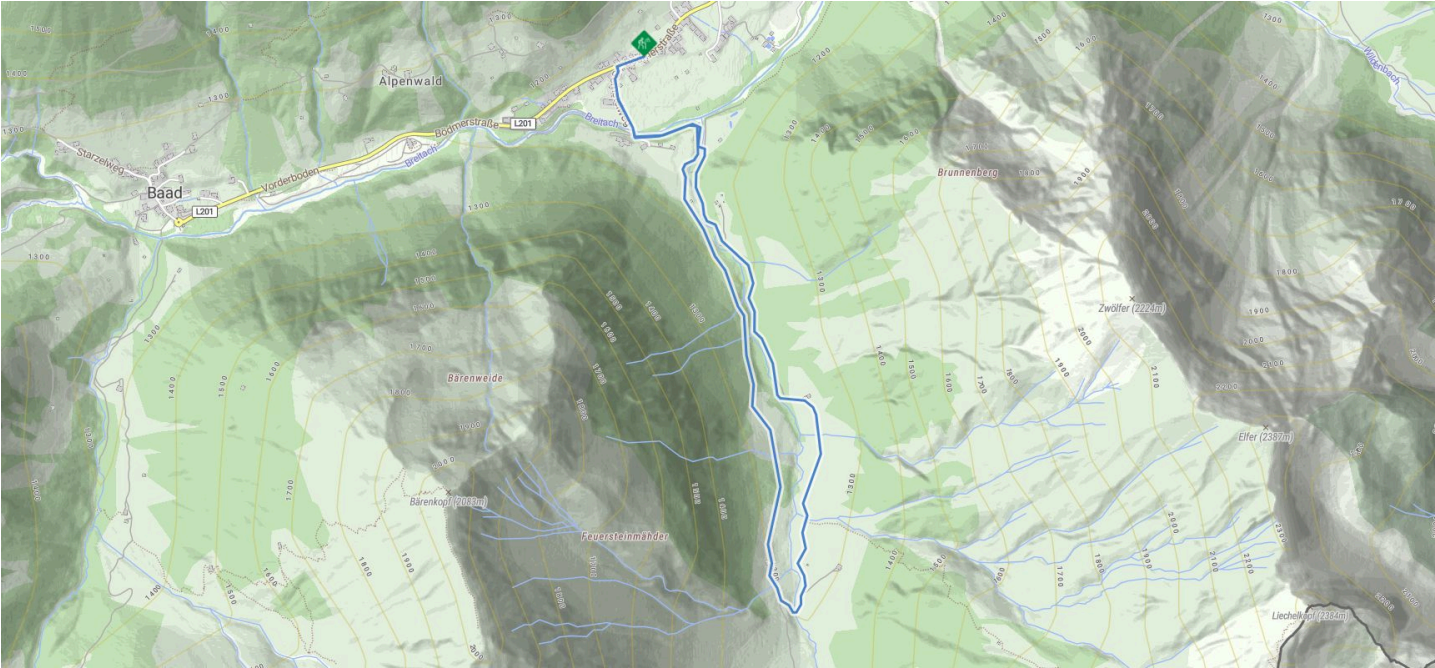


EASY HIKING



TOUR DESCRIPTION

The hike starts in Böldmen and initially follows the asphalted Gemstelweg trail. Pass the Gemstelhof shop and cross a wooden bridge into a shady section of forest next to the Breitach river. Keep left at the first fork and continue along the gently ascending gravel path through the forest. The shady section of the trail thins out and the route leads to the alpine pastures of Alpe Schönesboden further into the valley. From here, you can enjoy a fantastic panorama of the Kleiner Widderstein, Bärenkopf and Walmendingerhorn mountains. Continuing along the hiking trail further into the valley, you cross the Gemstelbach stream again via a bridge. The circular route then leads out of the valley again, with views of the Zwölfer, Elfer and Geißhorn mountains on this side of the valley. After a short time, you will reach Bernhards Gemstelhütte, which is a good place to stop for a rest. The trail leads back to the Gemstelweg along the Gemstelbach stream, across alpine pastures and meadows and through sections of forest, and from there along the familiar route back to Böldmen. Overall, this is a moderate hike with numerous places to stop for refreshments, which is particularly interesting for connoisseurs and families.

ROUTE DESCRIPTION

From the car park or from the bus station in Böldmen (Mittelberg), we turn to the Gemstelweg. Past the farmer's shop Gemstelhof we enter the silent valley crossing the Breitach bridge. After the bridge we keep left, follow the Breitach downriver first, then the Gemstelbach upstream. Follow the signs direction Schönesbodenalpe. The forest / gravel road rises a little but is still suitable for kids buggies. After a shady path section the forest thins out slowly. Nature Alp Schönesboden lies just above the path. Once we crossed the bridge with cattle gate we return on the other side of the creek. After five minutes we reach "Bernhards Gemstelhütte", which is perfect for a stop. We leave the valley, hiking along the already familiar Gemstel creek on moderately steep gravel paths. Left we pass large pastures until at the bridge we are back on the path that takes us to the starting point.

RECOMMENDED EQUIPMENT

EMERGENCY: 140 Alpine Emergencies Austria wide 144 Alpine Emergencies Vorarlberg 112 Euro-Emergencies (works with every mobile network) www.vorarlberg.travel/sicherheitstipps Sturdy footwear and weather-appropriate clothing. Hiking poles may be recommended.

FURTHER INFO & LINKS

Tips

Children can discover nature in a playful way on this circular hike: the Wild Animals nature adventure trail is located in the Gemsteltal valley. The research books required for this themed trail are available from the Walserhaus tourist information office. However, the circular trail must be taken in the opposite direction. Although the Gemstelrunde trail runs on gravel paths, it is suitable for pushchairs.

Further links

How do you consciously experience nature?

↔ Distance

5.58 KM

🕒 Duration

2:00 H

⚡ Altitude meters

173 M

⚡ Highest point

1293 M

Condition

Best season

JAN

FEB

MAR

APR

MAI

JUN

JUL

AUG

SEP

OCT

NOV

DEC

Sart: Mittelberg

Goal: Mittelberg

Nature is so much more than the backdrop for unforgettable mountain experiences. It is a habitat for animals and plants. It provides drinking water and supplies us with high quality food. Not only does it provide valuable raw materials such as wood, it also protects against avalanches and mudslides and regulates the climate. It is up to us to support nature in everything that it does for us. One thing is certain, together we can achieve more:

Smart in NATURE
CONSCIOUS together
EXPERIENCE foresight

Smart in NATURE

Take a deep breath and recharge your batteries, be outside and feel free. When we enjoy nature, we are guests in the living room of shy animals and rare plants. If you behave smart, they will be happy to share their living space with you in the future too.

Stay on paths and marked routes

If you follow the marked paths and routes, you are sure to come to new favorite places. In this way you also respect protected areas, because many animals and plants need special protection. Especially in winter, any disturbance unnecessarily costs the wild animals the strength they need to survive.

Avoiding twilight times

Standing on a mountain at sunrise is a special experience. The morning and evening hours are also the time when most wild animals are in search of food. If they are disturbed, they get stressed. If it cannot be avoided, please stay on the marked path, do not use a bright headlamp and enjoy the silence.

Stay clean & take rubbish with you

It goes without saying: You take rubbish with you again, on the mountain and in the valley. Please also organic waste, because it is composted much more slowly at altitude. You can dispose of the rubbish properly at home or in your accommodation - please remember that there are no rubbish bins in public spaces in Kleinwalsertal.

On the natural toilet

If you are looking for a quiet place, please be at least 50 m away from water. Bury excrement or cover it with a large stone. Use fallen leaves or recycled toilet paper and put the paper back in the trash bag.

On tour with a dog

Are you always in control of your four-legged partner, even if he gets his nose for marmots, deer or other wild animals? You are both on the safe side on a leash. Keep dogs on a short leash near grazing cattle. If an attack by a grazing animal is foreseeable: leash off immediately. There are numerous dog stations in the valley for the disposal of dog bags. The farmers and alpine farmers thank you because manure in meadows and fields contaminates the feed and makes grazing cattle sick.

CONSCIOUS to each other

Consideration for other athletes and those looking for relaxation

Everyone loves to enjoy a special piece of earth for themselves. But most of the time we are not traveling alone. No problem, because there is enough space. Allow time, open the way in an accommodating manner, provide support when someone needs help and always give a smile. So nothing stands in the way of friendly cooperation and relaxed enjoyment of nature.

Appreciating the preservation of the cultural landscape

Alpine landscapes are touching with their contrast: Imposing peaks and natural forests alternate with gentle valleys, well-tended meadows and pastures. In the Kleinwalsertal too, this delightful landscape at three altitudes is no coincidence, but the result of an interplay of natural and cultural landscapes. Behind this is the work of farmers, alpine and forestry as well as hunters. With their work, they ensure that the attractiveness of the recreation and leisure area and the diversity of species are preserved. We already say thank you if we stay on the marked trails and enjoy regional products.

EXPERIENCE farsighted

Safe on tour - for you and others

Whether on a ski or snowshoe tour in winter or on a mountain tour in summer, anyone who is out and about in alpine terrain has to be well prepared. This includes careful information and tour planning as well as the right equipment. Correctly assessing alpine dangers requires a lot of knowledge and experience. Why not learn from professionals and go on tour with one of the experienced guides?

Nature experience map, scale 1:12,000; Kleinwalsertal tour map (with hiking guide), scale 1:25,000; DAV hiking map, scale 1:25,000; the respective cards are available for a fee in the Walserhaus Hirschegg.

Morning **7 °C**
MOUNTAIN
 **13 °C**
VALLEY

Noon **11 °C**
MOUNTAIN
 **20 °C**
VALLEY

Evening **8 °C**
MOUNTAIN
 **15 °C**
VALLEY