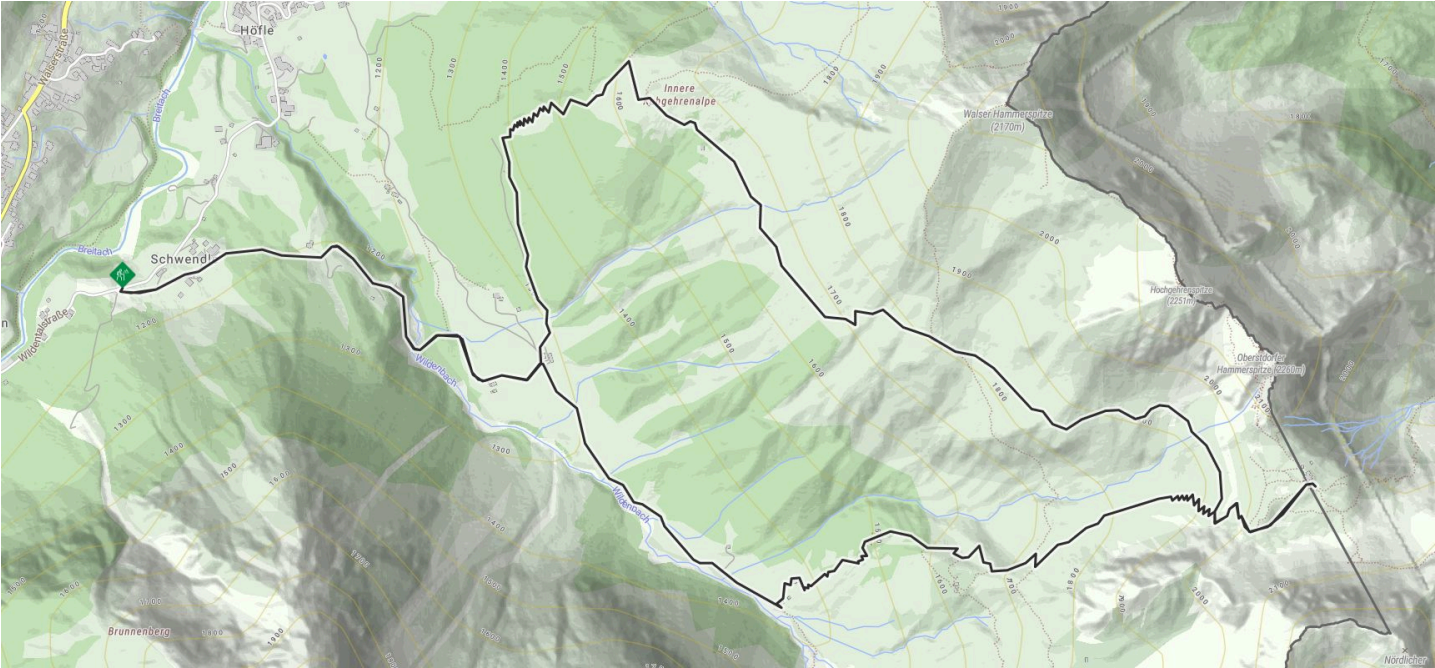


# ALPINE CIRCULAR HIKE FOR GOURMETS

HARD   HIKING



## TOUR DESCRIPTION

The tour leads from the Mittelberg district of Schwendle over the Wieselalpe on an alpine path through the Wildental valley to the Fluchtalpe. From there, it climbs steeply via switchbacks, first across alpine meadows, then through a forest and up to a large cirque. For the final ascent to the Fiderepasshütte, follow the mountain hiking trail across a scree field to a high plateau between Oberstdorfer Hammerspitze and the Schafalpenköpfe. From the terrace of the DAV Oberstdorf Alpine Club hut, you can enjoy an incomparable panoramic view of the Oberstdorf and Allgäu mountains as far as the Kleinwalsertal valley with the towering Ifen. The descent leads from the Fiderepasshütte hut back over the high plateau along the same route until the mountain hiking trail branches off towards Innere Kuhgehlenalpe. Follow the mountain flank to the managed alpine hut and then back to Wildental via numerous narrow switchbacks. From there, take the familiar path back to the starting point of the tour.

## ROUTE DESCRIPTION

From the car park in Schwendle (or Bergheim Moser), go on gravel roads to the end of the Wildental valley. Left of the Flucht alp, the steep ascent to the Fiderepass hut begins. The paths, which are partly covered with coarse gravel or solid stones, are easy to walk also to less practiced persons with walking sticks and not exposed. After a rest with fascinating views of the Allgäu Alps you descend a few hundred meters as on the way there, but then turn right towards Wannenalpe. On the flank below the Hammerspitze, the path leads through the saddle to the Innere Kuhgehlen Alp. From here you find a steep descent, which leads back to the Obere Wieselalp and finally to the starting point in the Wildental.

## RECOMMENDED EQUIPMENT

### Emergency Numbers

140 Alpine Emergencies Austria wide 144 Alpine Emergencies Vorarlberg 112 Euro-Emergencies (works with every mobile network)

[www.vorarlberg.travel/sicherheitstipps](http://www.vorarlberg.travel/sicherheitstipps)

The hiking trails in the Wildental are very popular. For the sake of the hikers no cyclists go to the Wildental. Thank you for your understanding. Güterweggenossenschaft Mittelberg - Wildental.

Sturdy footwear. Hiking poles recommended for steeper sections. Rainproof clothing and headgear if necessary.

## FURTHER INFO & LINKS

### Tips

The Fiderepass Hut is built directly on the national border; the border runs across the terrace. This means that guests can choose which country they would like to drink their beer in.

### Further links

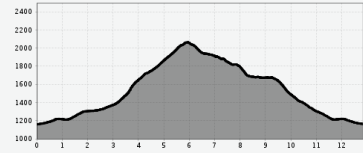
How do you consciously experience nature?

↔ Distance  
**12.85 KM**

🕒 Duration  
**4:55 H**

⚡ Altitude meters  
**908 M**

⚡ Highest point  
**2066 M**



### Condition



### Best season

JAN FEB MAR APR **MAI** **JUN**  
**JUL** **AUG** **SEP** **OCT** NOV DEC

Sart: Mittelberg

Goal: Mittelberg

Nature is so much more than the backdrop for unforgettable mountain experiences. It is a habitat for animals and plants. It provides drinking water and supplies us with high quality food. Not only does it provide valuable raw materials such as wood, it also protects against avalanches and mudslides and regulates the climate. It is up to us to support nature in everything that it does for us. One thing is certain, together we can achieve more:

**Smart in NATURE**  
**CONSCIOUS together**  
**EXPERIENCE foresight**

#### **Smart in NATURE**

Take a deep breath and recharge your batteries, be outside and feel free. When we enjoy nature, we are guests in the living room of shy animals and rare plants. If you behave smart, they will be happy to share their living space with you in the future too.

#### **Stay on paths and marked routes**

If you follow the marked paths and routes, you are sure to come to new favorite places. In this way you also respect protected areas, because many animals and plants need special protection. Especially in winter, any disturbance unnecessarily costs the wild animals the strength they need to survive.

#### **Avoiding twilight times**

Standing on a mountain at sunrise is a special experience. The morning and evening hours are also the time when most wild animals are in search of food. If they are disturbed, they get stressed. If it cannot be avoided, please stay on the marked path, do not use a bright headlamp and enjoy the silence.

#### **Stay clean & take rubbish with you**

It goes without saying: You take rubbish with you again, on the mountain and in the valley. Please also organic waste, because it is composted much more slowly at altitude. You can dispose of the rubbish properly at home or in your accommodation - please remember that there are no rubbish bins in public spaces in Kleinwalsertal.

#### **On the natural toilet**

If you are looking for a quiet place, please be at least 50 m away from water. Bury excrement or cover it with a large stone. Use fallen leaves or recycled toilet paper and put the paper back in the trash bag.

#### **On tour with a dog**

Are you always in control of your four-legged partner, even if he gets his nose for marmots, deer or other wild animals? You are both on the safe side on a leash. Keep dogs on a short leash near grazing cattle. If an attack by a grazing animal is foreseeable: leash off immediately. There are numerous dog stations in the valley for the disposal of dog bags. The farmers and alpine farmers thank you because manure in meadows and fields contaminates the feed and makes grazing cattle sick.

#### **CONSCIOUS to each other**

#### **Consideration for other athletes and those looking for relaxation**

Everyone loves to enjoy a special piece of earth for themselves. But most of the time we are not traveling alone. No problem, because there is enough space. Allow time, open the way in an accommodating manner, provide support when someone needs help and always give a smile. So nothing stands in the way of friendly cooperation and relaxed enjoyment of nature.

#### **Appreciating the preservation of the cultural landscape**

Alpine landscapes are touching with their contrast: Imposing peaks and natural forests alternate with gentle valleys, well-tended meadows and pastures. In the Kleinwalsertal too, this delightful landscape at three altitudes is no coincidence, but the result of an interplay of natural and cultural landscapes. Behind this is the work of farmers, alpine and forestry as well as hunters. With their work, they ensure that the attractiveness of the recreation and leisure area and the diversity of species are preserved. We already say thank you if we stay on the marked trails and enjoy regional products.

#### **EXPERIENCE farsighted**

#### **Safe on tour - for you and others**

Whether on a ski or snowshoe tour in winter or on a mountain tour in summer, anyone who is out and about in alpine terrain has to be well prepared. This includes careful information and tour planning as well as the right equipment. Correctly assessing alpine dangers requires a lot of knowledge and experience. Why not learn from professionals and go on tour with one of the experienced guides?

Nature experience map, scale 1:12,000; Kleinwalsertal tour map (with hiking guide), scale 1:25,000; DAV hiking map, scale 1:25,000; the respective cards are available for a fee in the Walserhaus Hirschegg.

Morning **7 °C**  
**MOUNTAIN**  
**13 °C**  
**VALLEY**



Noon **11 °C**  
**MOUNTAIN**  
**20 °C**  
**VALLEY**



Evening **8 °C**  
**MOUNTAIN**  
**15 °C**  
**VALLEY**

